

Hairy Gorilla Half Marathon & Squirrelly Six Mile



Ominously brought to you by Albany Running Exchange Event Productions

9:30AM SUNDAY, OCTOBER 25, 2009 THACHER STATE PARK, NY

Part of the Albany Running Exchange Grand Prix Trail Series and the Western Mass. Athletic Club Grand Tree Series

WHAT YOU NEED TO KNOW

This highly popular event typically draws runners from over ten states. It is one of the largest trail races in the northeast and participants range from national-class to those brand-new to trail running. The course is a roller-coaster ride with mud, muck, roots, steep drops, big puddles—and the occasional grave that may have your name on it.

Many runners compete in costume—be it simply wearing a ridiculous outfit to an all-out, performance-inhibiting full body uniform of sorts. This event is about having fun and we guarantee that you will. Be sure to consider entering one of the special categories.



AWARDS

Custom-made gorilla and squirrel “trophies” await the top 3 overall male and female finishers. Delicious gorilla and squirrel cookies await the top 3 males and females in: 14-under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+.

Additional categories (if you dare!)

Best: Gorilla Impersonation - Costume - Pumpkin Carving; Finisher carrying the most bananas.



We will also award the fastest male and female teams. For team applications, please visit the event website.

BRING BANANAS TO APPEASE THE HUNGRY GORILLAS

GORILLA “MEDAL” TO ALL FINISHERS IN THE HALF



POST-RACE COOK-OUT WITH BURGERS, DOGS, AND MORE!

EVENT SCHEDULE

- 8:00am: Day-of registration and packet pickup opens
- 8:30am: Deadline to submit a team entry form
- 9:00am: Gorilla Chase Kids Race (600 meters)
- 9:15am: Day-of registration and packet pickup closes
- 9:30am: Squirrelly 6m and Hairy Gorilla Half Marathon
- 11:00am: Squirrelly 6m Awards Ceremony
- 12:00pm: Hairy Gorilla Half Marathon Awards Ceremony

The half marathon also features a two-person relay (6m, 7.1m legs) and team competition. Team forms are online.

AMENITIES

Chip timing with splits! The first 400 entrants are guaranteed commemorative fleece headbands. The course is decorated in the spirit of Halloween with ample relics of despair and frustration, as well as numerous cemeteries indicating the demise of many participants by name. There is a huge cook-out for all appetites.

ENTRY FEE	6m/Relay	1/2 Marathon
Early Reg.	\$20	\$25
Late. Reg.	\$25	\$30

Early Registration: Postmarked by October 17.
Please make checks out to: AREEP

We highly encourage you to register online.

There are no additional fees and ARE members receive a discount when registering through the ARE members page.



FOR MORE INFORMATION

Please visit www.AREEP.com or call 518 320 8648.

Please complete, cut, and return the bottom portion to: HGH-AREEP, PO Box 38195, Albany, NY 12203

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NAME _____		____/____/____ BIRTHDAY	AGE (ON 10/25/09) ____	<input type="checkbox"/> M <input type="checkbox"/> F
ADDRESS _____		EMAIL _____		
CITY _____		STATE _____	ZIP _____	
PHONE () _____		RACE: <input type="checkbox"/> 6M <input type="checkbox"/> RELAY <input type="checkbox"/> HALF MARATHON		
<input type="checkbox"/> I WANT TO JOIN THE ARE (ADDITIONAL \$10)		RELAY PARTNER (IF APPLICABLE) _____		
<p>In consideration of accepting this entry, I, the undersigned, intending to be legally bound hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I have may have against Albany Running Exchange Event Productions (AREEP), Thacher State Park, and any sponsors, as well as any person involved with this event. I fully understand that I, or the person I am responsible for, will be subjected to trails that may have uneven terrain, rocks, roots, or other obstacles, but that I am physically fit and have sufficiently prepared for this race. My physical condition has been verified by a licensed medical doctor. I hereby grant full permission for AREEP to use any photos, videos, or any other record of this event for any purpose whatsoever and without compensation.</p>				
SIGNATURE _____		DATE _____	PARENT'S SIGNATURE _____ (IF UNDER 18)	